



## The Four Elements Mappa Mundi

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- ● HOT/COLD
- ● DRY/WET
- ● CHOLERIC/PHLEGMATIC
- ● SANGUINE/MELANCHOLIC
- RUBRICS
- POTENCY SELECTION
- GUIDES

Mappa Mundi is a map synthesising the four elements (earth, water, fire and air) and the four constitutions (melancholic, phlegmatic, choleric and sanguine). It is a method of analysing the totality by subdivision, a way of understanding the dynamic of opposing forces. By dividing the totality, we can perceive a state of dialogue, whereas the totality simply is. You can explore this map, clicking on the diagram for more information and using the axis subdivisions or elemental rubrics in case analysis.

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